



SALENTO BISTROT

European and Latin Fusion



LUNCH

Chicken Cous Cous 14

Traditional Mediterranean chicken with vegetables and tajine spice

Empanada Platter 10

Two empanadas served with side salad
Your choice of: Turkey/Mole, Ham & Cheese, Spinach & Ricotta, Chicken

Salmon Tacos 14

Grilled Atlantic salmon, red cabbage, lemon dill aioli, side of cucumber salad

Ceviche Tostadas 12

Marinated Tilapia, tomatoes, green olives, red onion, cilantro and avocado

Penne Alla Bolognese 14

Gluten Free Penne pasta with traditional bolognese sauce.

Grilled Salmon Over Farro or Quinoa 15

7oz grilled salmon, arugula, tomatoes over organic warm farro or Mediterranean quinoa

SOUP OF THE DAY 7

Ask Server

SALADS 11

Golden Beet

Poached golden beet in white wine, arugula, toasted olive bread, ricotta cheese & cherry pesto

The Baby Arugula

Arugula, walnuts, green apples, quinoa, house dressing

Caprese

Fresh mozzarella, basil, tomatoes, balsamic, cucumbers and arugula salad

Kale & Cabbage

Kale, cabbage, tomato, carrots, sweet potato, avocado, parmesan, lemon dressing

Add Shrimp or Chicken \$4, Salmon \$6

SANDWICHES 10

Chicken Pesto

Chicken breast over ciabatta, served with avocado spread, pesto, spinach, cucumber and goat cheese

Caprese

Ciabatta, fresh mozzarella, tomato, basil, balsamic

Tango

Ham, provolone and tomatoes on Argentinean wheat bread

20% service charge will be added to parties of 6 or more