



SALENTO BISTROT

European and Latin Fusion



TO GATHER WITH FRIENDS AND SHARE

CHEESE AND MEAT BOARD 17

Nuts, jam, oil infusion and olive bread

SALADS 11

Golden Beet

Poached beet, arugula, ciabatta, ricotta, cherry pesto

The Baby Arugula

Arugula, walnuts, green apples, quinoa, house dressing

Caprese

Fresh mozzarella, basil, tomatoes, balsamic, cucumbers, arugula

Kale & Cabbage

Kale, cabbage, tomato, carrots, sweet potato, avocado, parmesan, lemon dressing

Add Shrimp or Chicken \$4, Salmon \$6

SOUP OF THE DAY 7

Ask Server for your choices

SIDES 6

Mediterranean Quinoa Salad

Quinoa, feta, red pepper, artichokes, house dressing

Organic Farro Salad

Farro, tomato, balsamic dressing

House Side Salad

Mixed greens, cherry tomato, cucumber, mixed nuts, house dressing

Cous Cous

Red pepper, eggplant, zucchini, carrots, sweet spices

Grilled Vegetables

Seasonal selection of grilled vegetables



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Shrimp Molcajete 12

Guajillo sauce, cactus, queso fresco, grilled shrimp, house chips

Balsamic Burrata 16

Burrata, balsamic cherry pesto, prosciutto, olive bread, baby arugula

Hummus & Tapenade 10

Traditional hummus, roasted red pepper tapenade, olive bread

Empanada Platter 10

Two empanadas and side salad
Choice of: Turkey & Mole, Ham & Cheese, Spinach & Ricotta, Chicken

Ceviche Tostadas 12

Fish marinated in citrus juices, tomatoes, green olives, red onion, cilantro, avocado, corn tostada & side salad

Salmon Tacos 14

Grilled Atlantic salmon, red cabbage, lemon dill aioli, side of cucumber salad

Spanish Margarita Pizzetta 12

Olive oil, garlic, basil, fresh tomatoes, mozzarella, manchego cheese

Chicken Cous Cous 14

Traditional Mediterranean chicken with cous cous and tajine spice

Penne Alla Bolognese (Gluten Free) 14

Gluten free Penne pasta with traditional Bolognese meat sauce

Octopus a la Gallega 18

Grilled Spanish octopus over vegetables, EVOO, garlic, parsley vinaigrette.

Filet Mignon Bites 18

Beef tenderloin, coarse black pepper, house chimichurri, sauteed red onions and peppers over a thick grilled sweet potato

Grilled Salmon over warm farro or quinoa 16

Grilled 6oz Atlantic salmon over Mediterranean quinoa salad or warm farro

DESSERTS

All of our desserts are made in house and are gluten friendly

Tiramisu

Original Italian recipe.

Panna Cotta

Original Italian recipe.

Torta de Santiago

Almond and lemon cake.
Spanish original recipe (added gluten)

Carrot Cake

Chocolate Cake

a la mode

20% added to parties of 6 or more